

CLAYTON VALLEY HIGH SCHOOL

HALLOF FAME 2013

MAY 18, 2013

1101 ALBERTA WAY • CONCORD, CA 94521

STEVE GONSALVES

THANK YOU FOR ALL THAT YOU DO FOR THE COMMUNITY!!!



The Community Youth Center (CYC) is a non-profit state-of-the-art sports and academic center where youth ages 3 to 18 thrive in a dynamic and positive environment. CYC staff and volunteers work hard every day to support young student athletes. CYC is proud to manage 9 sports programs and an academic excellence center.

Boxing ● Wrestling ● Gymnastics ● Rhythmic Gymnastics Taekwondo ● Judo ● Sport Specific Conditioning Cheerleading ● Dance ● Academic Excellence

CYC believes helping its members become confident, disciplined and decisive, help them succeed in college and life. The three components proven to achieve those attributes are a positive environment, sports and a managed academic program. CYC is unsurpassed in this area, and continues to serve its members faithfully.

COMMUNITY YOUTH CENTER
2241 GALAXY COURT
CONCORD, CA 94520
925-671-7070
www.communityyouthcenter.org

ATHLETIC HALL OF FAME

In the year 2008 we celebrated the 50th anniversary of Clayton Valley High School and the Inaugural Athletic Hall of Fame Induction Ceremony. Now, five years later we welcome you to the third Athletic Hall of Fame Induction Ceremony as the school celebrates its past as Clayton Valley High School and its future as Clayton Valley Charter High School.

Today we honor athletes who exemplify excellence in athletics and who have used the skills acquired on the field to excel in their professions as well as in their daily lives. We honor the coaches who instilled in these athletes the skills of the game, the love of competition, and the character to go forth and inspire others. We also honor members of our community who dedicated their lives to making Clayton Valley Athletics unparalleled in excellence and integrity.

Once again we wish to acknowledge and commend Dee Billeter and Bill Nelson, who six years ago agreed to set up the first Hall of Fame for our beloved school. For many years the Clayton Valley community held meetings and nostalgic conversations hoping that someone would take the lead to facilitate this event. Two teacher-coaches and former athletic directors listened to this heartfelt appeal and acted upon the wishes of the community. Dee and Bill were extraordinary leaders at Clayton Valley High School and have inspired us all to continue an era of excellence and for our school and in our community.

"ONCE AN EAGLE ALWAYS AN EAGLE"

Pat Middendorf
CVCHS Director of Athletics, Operations
and Collaborative Education

CLAYTON VALLEY HIGH SCHOOL

Hall of Fame 2008 Inductees

Dan Della: Principal, 1958 - 1981

Bruce Iverson: Coach, Athletic Director, 1960-1991

Karen Johnson: Coach, Athletic Director, 1966-1976

Bill Smith: Coach, 1976 - 1983

Bud Beemer: Football, Basketball, Baseball, 1962

Ron Coccimiglio: Football, Basketball, Baseball, Track, 1 976

Ron Dadami: Swimming, 1966

Austin Deaton; Football, Wrestling, Baseball 1971

Greg Ford: Football, Basketball, Track, 1962

Sonya Satre Goodman: Volleyball, Basketball, Softball, 1976

Mike Haluchak: Football, Track, 1967

Lynn Harrison: Volleyball, Basketball, Track, 1977

Kim Lackey: Tennis, 1978

Pete Laurence: Wrestling, 1963

Gary Loveridge: Football, Basketball, Track, 1964

Sheryl Smiarowski Lawrentz: Swimming, 1979

Clyde Mashore: Football, Basketball, Track, 1964

Starry Suttich: Volleyball, Softball, 1978

Bob Thomason: Basketball, Golf, 1967

The 1959 Boys Cross Country Team: Coach Floyd Strain

The 1976 Girls Volleyball Team: Coach Gary Gardner

The 1976 - 1977 Wrestling Team: Coach Bill Smith

Hall of Fame 2010 Inductees

Mike and Laurie Rose: Community/Leadership

Howard Marshall: Coach, 1980-1993

Roger Zino: Coach, 1963-1993

Jenny Bader Baker: Volleyball, Basketball, 1986

Lisa Barbieri Hobson: Volleyball, Basketball, Track, 1989

Kris Colchico: Volleyball, Soccer, Softball, 1988

Dave Gotz: Football, Basketball, Baseball, 1981

Tom Hook: Wrestling, 1964

Brook Knight Constable: Tennis, Soccer, Track, 1988

Craig Marble: Water Polo, Swimming, 1983

Gilbert Martinez: Wrestling, Tennis, 1973

Courtney Nelson Murrell: Diving, 1987

Jeri Pournaras Feuer: Tennis, Basketball, 1985

Kellie Ruiz Leffle: Volleyball, Softball, 1980

Vernon Rogers: Water Polo, Swimming, 1979

Ray Santucci: Football, Wrestling, Baseball, Track, 1978

Karey Sheehan Venegas: Tennis, Volleyball, Basketball, Softball, 1980

Todd Skow: Water Polo, Swimming, 1986

Frank Snyder: Football, Basketball, Baseball. 1960

Steve Villa: Football, Basketball, Baseball, 1980

Mickey Wharton: Football, Track, 1965

The 1960 Boys Basketball Team- Coach Bob See

The 1974 Football Team- Coach Roger Zino

The 1988 Girls Basketball Team- Coach Howard Marshall

The Pioneers- Coach Karen Johnson

Tonight's Program

Social

Buffet Dinner

Introductions - Bud Beemer, Herc Pardi, Masters of Ceremonies

Presentation of Inductees

Photos taken by Home Team Photography may be viewed and purchased on-line at www.hometeamsportsphoto.com



PRESENTATIONS

Presenter

Inuductee

Pat Middendorf

DEBRA AND STEVE GONSALVES

Herc Pardi

TOM DIMERCURIO

Gary Finch

JOHN MILLAR

Marilyn McAllister

NICOLE MCALLISTER ANDERSON

Eric Skow

DARREN BALDWIN

Dennis Bledsoe

KASEY HARRIS BECKMAN

John Millar

BECKY FREDLUND CROSSWHITE

John Millar

KELLY HOWISEY KUNZMAN

Herc Pardi

DAMON MASHORE

Casey Coakley

JUSTIN MASHORE

Tom DiMercurio

CARL MASSEY

John Millar

MICHELLE BARRIER MCGUIRE

Herc Pardi

RON OLSON

Charlie Stellini

MELANIE TURNER

Sam Williams

SAM WILLIAMS

Jim Wyles

JIM WYLES

Tom DiMercurio

THE 1977 BASEBALL TEAM

Al Ossello

THE 1998 BASKETBALL TEAM

Ron Silveira

THE 1994 BOYS CROSS COUNTRY TEAM

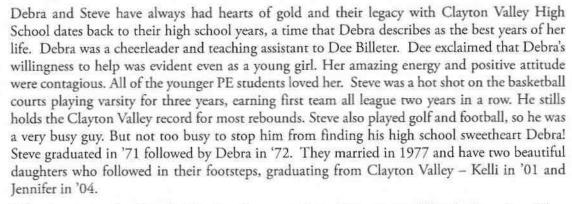
Ron Silveira

THE 1994 GIRLS CROSS COUNTRY TEAM

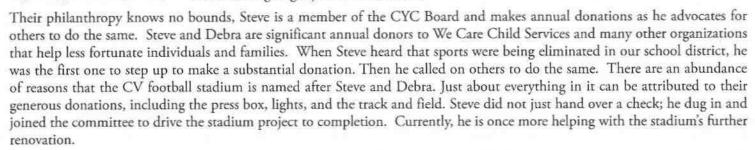


EBRA & STEVE GONSALVES COMMUNITY LEADERSHIP

Any conversation about what makes Clayton Valley High School a great school will inevitably lead to a list of accolades about Steve and Debra Gonsalves. Inevitably it will become an infinite list that no one can finish because it is impossible to number or even describe the numerous projects and events that Debra and Steve have taken part in or to which they have made generous donations.



When it comes to lending a helping hand, no cause is too big or too small for the Gonsalves. They have spent their lives helping others and improving our community. Besides their alma mater they have made significant contributions to dozens of schools, such as Mt Diablo Elementary, Highlands Elementary, Tabernacle Christian, Diablo View, Pine Hollow, De La Salle, Carondelet, and Pittsburg High, just to name a few.



Debra's interest in helping also reaches far and wide, but it is clear her focus is still Clayton Valley where she has left her mark in the classroom as well as on the campus. Debra is well known as the Queen of Campus Beautification at the school. She is often seen planting flowers, cleaning gutters, mowing fields, etc. For Debra it is a labor of love. She has worked in classrooms, counseling troubled girls and encouraging special education students to set goals for the future. She helped spearhead the "Do the Right Thing" program at Clayton Valley, worked closely with the Parent Faculty Club and Athletic Boosters, and every

year helps with the "Every 15 Minutes" program. You will often see Debra and Steve on the football sidelines and in the baseball bleachers cheering on the CV athletic teams.

These two remarkable people have won the hearts of the entire community. A friend of theirs wrote this poem, which is memorialized at Gonsalves Stadium:

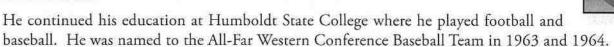
To share some of what you have accomplished with the next generation is admirable, to truly care about that generation is noble. This stadium is dedicated to Steve and Debra Gonsalves, alumni of Clayton Valley High School for their unwavering commitment to improving this high school. Their generosity, their wisdom, and their personal caring have made Clayton Valley High School Campus a better place for the generations of students to follow.

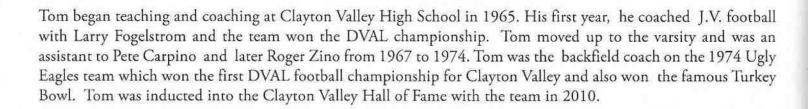


Eagles Forever!

TOM DIMERCURIO BASEBALL, FOOTBALL, TENNIS, GYMNASTICS

Tom DiMercurio's excellent athletic ability was apparent at an early age while he was growing up in Pittsburg, California., He competed in football, baseball basketball and track at Pittsburg High School and was All-League in both football and basketball his junior and senior years. Tom was inducted into the Pittsburg High School Hall of Fame in 1998.





He was the varsity baseball coach at Clayton Valley from 1966 to 1979. His 1977 team, dubbed, "the Space Eagles", won the league championship and the North Coast Section Inland Valley Championship. This team will be inducted into the Clayton Valley Hall of Fame tonight with Tom.

Tom was selected as the Fitzpatrick Chevrolet Baseball Coach of the Year in 1970 and again in 1977. He was well-respected by his athletes and fellow coaches in the Bay Area for his skill and knowledge. Tom always had great rapport with his students and athletes.

Herc Pardi, who played both football and baseball under DiMercurio says "Coach was and always will be one of our most well-liked and respected coaches at CVHS. You wanted to play hard for him and your teammates".

Tom has always been generous with his time and talent. Over the years, he worked with the late Jerry Coakley to put on youth baseball clinics. After retiring from baseball, he stepped up to fill vacancies in the Clayton Valley athletic program and coached the boy's gymnastics team and later the boys tennis team. Tom is still sharing his skills as he teaches tennis and puts on bocce ball clinics in his retirement community. Next on his agenda there is to teach a dance class.



Tom retired from teaching at Clayton Valley in 1997. He and his wife Patti have been married for 52 years and live at Trilogy in Brentwood. Their family includes sons Jeff and Joe, daughter-in law Becky and grandchildren Marco and Cara.

Congratulations to Tom for his long dedication to Clayton Valley and its athletes and his second induction into the Clayton Valley Hall of Fame!

OHN MILLAR COACH - TRACK, CROSS COUNTRY, SOCCER







When John Millar retired from coaching at Clayton Valley High School, he left an unmatched legacy of excellence. Among his accolades, he holds the head coaching record for Most Consecutive League Championships (8) in any sport at Clayton Valley.

John had boundless energy and enthusiasm as well as the ability to inspire athletes and students of all skill levels. Every class or team profited from his broad and unique education.

Millar grew up in Sacramento and went to Lewis and Clark College where he received his BA degree in History and Philosophy. He then attended the University of Athens in Athens, Greece studying Ancient History and Philosophy. After his stay in Greece he attended the University of St. Andrews in Scotland for one year and then went to the University of Tubingen in Germany studying medieval History and Theology. Millar went on to receive Masters degrees from San Francisco Theological Seminary in Theology, the GTU at UC Berkeley in Biblical Studies and finally at Sonoma State in US History . All this before he started teaching and years before his coaching career started.

Millar was hired to teach history in the MDUSD in 1972. He loved teaching history and having "Great Political Discussions" with his students. "I have no regrets about being a teacher. I liked it a lot but coaching track was the icing on the cake."

During the 15 years as track and field coach at Clayton Valley High School the program had tremendous success and growth. More than 100 uniformed athletes participated in the track and field program each year. There were some years three buses were needed to transport the team to league meets. Millar's philosophy was simple, make track and field fun, everyone is welcome, and encourage personal goals and surround the athletes with great assistant coaches. This philosophy worked as during his 15 years as head coach the girls team won 9 league championships, eight in a row, 89-96, and had a dual meet win-loss record of 107 wins and 14 losses. The Boys team was undefeated for three years, 94, 95, 96 and won league championships during those years. The boys record in dual meet competition was 96 wins and 25 losses.

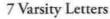
Besides coaching track for 15 years he was the head girls soccer coach in 1988, a team that won the league championship, and was also the assistant cross country coach from 83 to 96. During those years the cross country teams, girls and boys, won many league and NCS championships, a State Championship and National recognition.

In 1996 Millar was selected as Northern California Track and Field Honor Coach.

John retired from teaching in 2003. He and his wife Marsha have been married for 46 years and live in Clayton. Their 3 children are all CVHS graduates. They have been blessed with 6 grandchildren.

Tonight, we congratulate John on his most well-deserved induction into the Clayton Valley High School Hall of Fame!

ICOLE MCALLISTER-ANDERSON BASKETBALL, TRACK - 1993



3 Basketball,

4 Track

Basketball

Freshmen- I.V. CVHS- MVP Captain Scholar Athlete all 4 years

Sophomore Year - Varsity

Tracy Tournament All-Tournament Team

Junior Year-Varsity

Co-Captain, CVHS MVP

Tracy Tournament All -Tournament team

Concord Classic All-Tournament Team

All- City Team

All -League Team

League Coach's Award

League Scoring Leader

All- East Bay Team

Contra Costa Times All-Stars

East Bay Player of the Year

East Bay Scoring Leader

Oakland Tribune Player of the Year KCRA All Coaches Team

All State Team

Who's Who in Sports publication



Senior Year- Varsity

CVHS-MVP, and Captain School Scoring record, - still stands-561 points-1993 season Concord Classic All-Tournament Team Tracy Tournament All-Tournament Team All-City Team All-League Team League scoring leader East Bay Team Bay Bridge Classic- Outstanding Female All-State Team CVHS Athlete of the Year Full athletic scholarship-Oregon State University Featured on ESPN Scholastic Sports of America US Army National Scholar and Athletic Award

Track

Freshmen Year

Participated in long jump, triple jump, 4 x 100, 4 x 400, 400, 100, 200 Meet of champions finalist (4 x 100 relay)-3rd place

Team- League Champions State Meet participant (4 x 100 relay) 4 x 100 relay school record

Sophomore Year

Coach's Award-Best Work Ethic Captain League Meet-4th 400 meter Team- League Champions

Junior Year

NCS- Long Jump-5th Team- League Champions North Coast Champions

North Coast Champions



Senior Year

CVHS- MVP and Captain Meet of Champions finalist State Meet-Long Jump Team-League Champions

Oregon State University

1993-94 Season red shirted with injury

1994-95 Season - Team ranked in AP Top 25-,# 11 in 1995-96 NCAA Tournament 19 96- Beat top ranked Stanford in front of a sell-out, record breaking crowd at OSU on national television NCAA Tournament- advanced to 2nd round

1996-97 Starting Point Guard Team Captain of PAC 10 All-Stars-Competed in Japan in the summer of 1997

1997-98 Starting Point Guard Led team in 3-point scoring-40 In OSU Top Ten in 3 point scoring for career and individual season until recently.

Nicole coached girls basketball at Jesse Bethel High School in Vallejo for 6 years. (the school is named after Nicole's grandfather). Currently the principal at Highland Elementary School in Vallejo. She lives in Vallejo with husband and 3 children, the youngest born last month.

ASEY HARRIS-BECKMAN SWIMMING, WATER POLO, TRACK - 1997

- 7 Varsity Letters
- 4 Swimming
- 2 Water Polo
- 1 Track

In Her Entire High School Swimming Career: Lost Only One Individual Dual Meet Race

Lost Only One Individual NCS Event Held Every CVHS Swimming Record Except 100 Back

Current CVHS Record Holder: 200, 500, 50 Free, 200 Medley And 400 Free Relays Won Team League Championship All 4 Years

Scholar Athlete And Scholastic Team Member All 4 Years\

Swimming

Freshman Year

CVHS: Set Records In The 100 And 200 Free, 200 Im ,100 Breast, 400 Free And Medley Relays

MBAL League Champion: 200 Free, 200

Im, 400 Free And 200 Medley Relay Team- MBAL Champions NCS Champion 200 Free, 200 IM, 400

Free Relay And 200 Medley Relay (Set Record)

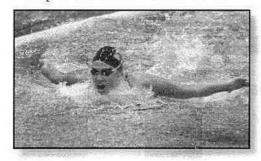
Team- NCS Swimming/Diving Champions

National: 2 TIme All American And #2 National Rank-200 Medley Relay Team All-American: 100 And 200 Free, 400 Free Relay, 200 Im - #4 National Rank USA Olympic Training Center Participant With Multiple Top 16 Times

Sophomore Year:

CVHS Most Inspirational And Captain CVHS Record- 100 Breast MBAL

Champion 200 Free, 200 Im, 100 Breast,



200 And 400 Free Relay Teams All-MBAL Team Team- MBAL Champions. Contra Costa TImes Top 100 Athletes Of The Year Certificate Of Commendation From Mayor Of Concord

USA Swimming- Pacific Swimming- Records 200 Meter And 400 Meter IM NCS Did Not Go To NCS Due To Competing With The USA National Junior Team In Paris

National

All-American 100 Breast, 200 Medley Relay USA Olympic Training Center Participant USA Swimming Junior National Champion 100 Butterfly

USA Swimming Scholastic All-American Multiple USA Swimming National Top 16 TImes

Member- USA Swimming Olympic Development

Junior Year

CVHS Record -200 IM, 500 Free
CVHS - Most Inspirational And Captain
MBAL
MBAL Champion 200 And 400 Free Relay
200 IM, 500 Free
All-MBAL Team
Contra Costa TImes Top 100 Athletes
Team- MBAL Champions
NCS

NCS Champion 200 IM (Record), 500 Free

3rd Place 400 Free Relay Team 5Th Place 200 Free Relay Team

National

Ranked #1 In Nation 200 IM
All American-200 Im, 100 Fly, 500 Free
First Team All-American
USA Olympic Training Center Participant
USA Swimming Scholastic All-American
Member Of USA National Team- Competed
At World Championships in Brazil
Multiple USA Swimming National Top 16
TImes
4 Event Qualifier - USA Swimming
Olympic Trials

Finalist 400 Meter IM USA Swimming



Olympic Trials

Senior Year

CVHS Records- 200 And 50 Free, 100 Fly
CVHS Most Inspirational And Captain
BVAL Champion 200 IM, 200 Free, 200
Medley, 400 Free Relays
Contra Costa TImes Top 100 Athletes
Team- BVAL Champions
NCS
Champion -200 Free
2nd Place-100 Fly
National
All-American 200 Free, 200 IM, 100 Fly
National Ranking: 3rd 200 Free, 5th 100
Fly
USA Swimming Olympic Training Center
Participant
Multiple USA Swimming National Top 16

TImes Received Full Scholarship For Swimming To University Of Michigan, Ann Arbor

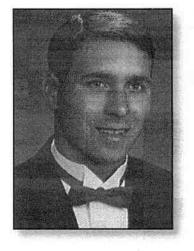
University Of Michigan 1997-1998 Varsity Letter Winner On Big-Ten Champions Record 200 Fly- Notre Dame Invitational NCAA Qualifier- 400 Yard Individual Medley, 200 Fly

University Of California-Berkeley 1998-1999 Varsity Letter

Post College

Masters Swimming- Holds Records In 400 Im, 100 Breast, 200 Im, 1st Place Woman-7th Overall-Alcatraz Shark Fest- SwIm From Alcatraz To Dolphin Club Placed 1st., 2nd, Or 3rd In Wildflower And

Treasure Island Triathalons-2003-2010



arren Baldwin

Swimming, Water Polo, Basketball - 1990

MVP - BVAL League Tournament 1st Team All-NCS, 1st Team All America

Scored 180 goals for season

Contra Costa Times Athlete of the Week. Team - BVAL League Tournament-2nd NCS Tournament -6th

Basketball

Senior Year- Varsity Team-Won 20 games, made it to State semi-finals

Swimming

Freshman Year - Varsity BVAL League Meet- 2nd 200, 100 Free and Free relay NCS -10th 200 Free,, 11th 100 Free 5th-Free Relay

Sophomore Year - Varsity BVAL League Meet- 3rd -200 Free, 2nd -100 Free NCS- Finals-100 Free, 200 Free, Free Relay

Junior Year - Varsity BVAL League Champion- Free Relay Team Finals -50, 100 Free NCS-Top Five Free Relay Team

Senior Year - Varsity BVAL- Finals 50 & 100 Free, Free Relay 2nd NCS-Top Five Free Relay Team CVHS Athlete of the Year National Youth Team in Water Polo

Jr. Olympics Water Polo Far Western Champion in Swimming Aquatics Scholarship to University of Pacific

University of Pacific

2nd Team-All-Mountain Pacific Sports Federation Water Polo

Water Polo

Freshman Year Scored 9 goals, Team ranked 8th in National Rankings

Sophomore Year Red Shirt

Junior Year

2nd in team scoring Team- #9 National Ranking,

Senior Year

2nd Team All-Mountain Sports Federation, Scored over 50 goals season, Scored 7 goals in the NCAA Tournament, Team - 2nd in the National Rankings, 5th at the NCAA Championships, Highest UOP ranking in over 30 years.

Swimming

Freshman Year Competed in the Big West Championships

Sophomore Year Red Shirt

Junior Year 4th - Free Relay at Big West Championships

3 Water Polo

4 Swimming

8 Varsity Letters

1 Basketball

Water Polo

Freshman Year - JV Played Varsity for the NCS Tournament MVP, Team Captain, Most goals scored Most ejections drawn

Sophomore Year - Varsity

BVAL League Champions Scored 16 goals for the season

Junior Year - Varsity 1st team All-Tournament Reno Invitational. CVHS MVP Scored 140 goals for season, Most ejections drawn 1st team All-BVAL BVAL MVP, 1st Team All-NCS, 1st Team All-NCS Tournament, 3rd Team All-American,

Team- BVAL League Champions, NCS Tournament-5th

Senior Year - Varsity CVHS MVP and Captain 1st Team All-BVAL **BVAL MVP**



Becky Fredlund-Crosswhite Soccer, Tack & Field, Voleyball, 1994

- 8 Varsity Letters
- 4 Soccer
- 4 Track

Volleyball Freshman Year - JV

Soccer

Freshman Year

CVHS MVP

BVAL All- League Second Team

All North Coast Section Tournament Team

Team-BVAL Champion Scholar Athlete all 4 years

Sophomore Year
CVHS MVP
BVAL First Team All- League

Junior Year
CVHS MVP
BVAL- First Team All-League
All-Concord Invitational Team

Senior Year
CVHS MVP
MBAL First Team All-League

Track & Field

Freshman Year

Stanford Track and Field Invitational, 3rd Place 4x100 relay

Team - BVAL Champions

Most Coachable Athlete

Sophomore Year

1st Place Team Long Jump- Golden Bear Relays BVAL Champion- Triple Jump Team - BVAL Champions Junior Year - Senior Year
CVHS MVP
Contra Costa Times Athlete of the Week,
Team-MBAL Champions

CVHS Athlete of the Year

East Bay Magic - District IV U-19 Premier Soccer Team 1994 Calif. State Futsal Champions 1994 U.S. Futsal National Champions

UC Davis

Soccer
1994 - 1995 Starter
1995 - 1996 CoSIDA All-West Region 1st Team,
All-NCAC Honorable Mention
Led team in goals scored by a defender.
1996-1997 NSCAA / Umbro Women's Division II
All-American - 2nd team,
CoSIDA All-West Region 1st Team,
All-NCAC 1st Team
Team -NCAC Champions
1997-1998 CoSIDA All-West Region 1st Team,
All-NCAC 1st Team

Women's Premier Soccer League - Thunder 1999 - Starting Member of the Thunder

ELLY HOWISEY-KUNZMAN CROSS COUNTRY, TRACK - 1997

8 Varsity Letters 4 Cross Country 4 Track

FRESHMAN YEAR

Cross Country- Varsity Team-MBAL Championships - 1st, Individual 2nd North Coast Section - DIII 1st North Coast Section Meet of Champions - 1st, Individual 4th CIF State Championships - DIII 2nd CVHS- Captain NCS Scholar Athlete-all 4 years

Track & Field- Varsity

MBAL Championships - Team 1st MBAL League Champion - 800, 1600, 4x400 Relay North Coast Section - Team 3rd, 1600 - 2nd North Coast Meet of Champions - 1600 - 5th, 4x400-school record

SOPHOMORE YEAR

Cross Country- Varsity Stanford Invitational - DIII Team- 1st, Individual 12th Mt. SAC Invitational - DIII Team-1st, Individual 9th MBAL Championship Team- 1st, Individual 2nd North Coast Section - DIII Team-1st North Coast Section Meet of Champions Team- 1st, Individual 9th CIF State Championships - DIII Team-1st, Individual-9th



Track & Field-Varsity

MBAL Championships - Team 1st League Champion - 800, 1600 North Coast Section - Team 2nd, 1600 - 4th, 800 - 4th North Coast Meet of Champions - 800 CC Times 1995 Top 100 Athletes of the

JUNIOR YEAR

Cross Country- Varsity Stanford Invitational - DI Team 1st, Individual 10th Vulcan Classic, Birmingham Alabama -Team - 2nd Mt. SAC Invitational - DII Team- 2nd MBAL Championship -Team-1st,, Individual 3rd North Coast Section Meet of Champions DIII-Team-1st, Individual 4th CIF State Championships - DIII -Team-2nd, Individual 13th 1st Team All East Bay Cross Country 2nd Team All Nor-Cal

Track & Field-Varsity

Arcadia Invitational - 1600, 5:04.88 school record Mt. SAC Invitational - set school records in the 800 and 1500 Logan Top 8 - 1600 - set school record MBAL Championships - Team 1st League Champion - 800, 1600 North Coast Section - Team 2nd, Individual-1600 - 2nd, 800 - 5th, 4x400 - 3rdNorth Coast Meet of Champions - 1600 - 2nd, set school record CIF State Championship - 1600 - 6th, 5:01.52 CVHS MVP-

SENIOR YEAR

Cross Country- Varsity Stanford Invitational - DI Team-1st, Individual 9th Mt. SAC Invitational - DIII 1st, Individual 3rd BVAL Championship - 1st, Individual 3rd



North Coast Section Meet of Champions - 1st, Individual 2nd CIF State Championships - DII 2nd, Individual 10th NCS Distinguished Scholastic Team 3.80 GPA Contra Costa Times Athlete of the Week 1st Team All East Bay Cross Country 2nd Team All Nor-Cal CVHS MVP

Track & Field-Varsity

Logan Top 8 - 1600 - 3rd, 5:05.75 BVAL Championships - Team 2nd League Champion - 800, school record, 1600 - 3rd North Coast Section - Team 3rd, 1600 -2nd, , 800 - 2nd, North Coast Meet of Champions - 1600 - 4th, 4:57.08 school record CVHS MVP and Captain Dr. Richard B. Irvine Scholar Athlete Contra Costa Times Top 100 Prep Athletes

North Coast Section Scholar Athlete of the Year CVHS Scholarship Altair Award CVHS Athlete of the Year Athletic Scholarship to Vanderbilt University

Vanderbilt University

& Field, Outdoor Track & Field NCAA South Region Cross Country Championships, 1997 - All District 1999-2000 and 2000-2001 Southeastern Conference Scholar Athlete

1997-2001 Cross Country, Indoor Track



amon Mashore

- 5 Varsity Letters
- 3 Baseball
- 2 Football

Football

Freshman Year - Frosh 2 - Way Starter-Running back, Linebacker, Punter CVHS MVP and Captain Team- DVAL 2nd, 7-1

Sophomore Year - JV

2- Way Starter-, Running back, Linebacker, Punter Promoted to Varsity for NCS 3A Runner-Up Team CVHS MVP and Captain Team- DVAL Championship Team 7-0 / 9-0-1

Junior Year - Varsity

2 - Way Starter- Wide Receiver, Defensive Back, Punter 2nd Team All-DVAL Wide Receiver All-East Bay Honorable Mention- Utility Team- DVAL Runner-Up 18-4, NCS 3A Semi-Finalist

Senior Year - Varsity

2-Way Starter- Running Back, Defensive Back, Punter 1st Team 2 – Way All DVAL, 1st Team All-Lesher- Punter 1st Team All-East Bay Utility 1st Team All-Nor Cal,

2nd Team All- Bay Area - Defensive Back (San Francisco Examiner)

Team- DVAL 3rd place team 5-2 / 6-3-1

Baseball

Freshman Year - JV Starting Centerfielder Team - DVAL Runner-Up 9-5

Sophomore Year - Varsity Starting Centerfielder Hit 3 Homeruns

Junior Year - Varsity Starting Centerfielder Batting Average .468 -School Record, 7 Home Runs-School Record, 1st Team All DVAL -Outfield First NCS Appearance for CV in 10 Years. Team- DVAL Runner -Up NCS- First round

Senior Year - Varsity CVHS MVP and Captain, 1st Team All-DVAL- Outfield, 1st Team All-City, .373 Batting Average 8 Homeruns - School Record Career 15 Homeruns- School Record Team-- DVAL Champions 14-0 / 22-5 First team to go undefeated in league NCS Quarter Finals CVHS Athlete of the Year BASEBALLAMERICA -Top 50 in USA, Selected / Started in California North-South All-Star Series Full -Ride Baseball Scholarship to the University of Arizona

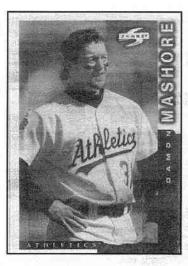
University of Arizona

Starting Centerfielder all three years Team USA selection- 1990 University of Arizona Team MVP- 1991 Collegiate All-American Baseball 3rd Team- 1991

Professional

Drafted in the 9th round and signed with the Oakland A's Played Major League Baseball with the A's in 1996 and 1997and Los Angeles Angels in 1998

Currently - Co-ordinates outfielders and baserunning with the Los Angeles Dodgers



USTIN MASHORE FOOTBALL, BASEBALL, BASKETBALL, TRACK - 1991

- 11 Varsity Letters
- 4 Football
- 4 Baseball
- 2 Basketball
- 1 Track

Football:

Freshman Year - Varsity

2-Way Starter- Wide receiver, Linebacker 2nd Team All-DVAL – Wide receiver First Freshman to play Varsity football at CVHS

Team- DVAL 3rd place - 5-2 / 6-3-1

Sophomore Year - Varsity

2 way starter- Wide receiver, Linebacker
1st Team All-DVAL- Linebacker
1st Team Concord All-City- "Sophomore of the Year",
1st Team All-East Bay
1st Team All-Lesher –Linebacker
All-Bay Area Linebacker Honorable Mention -SF Examiner

Junior Year - Varsity

2-Way starter- Running back, Linebacker
2 way 1st Team All-DVAL,
2 way 1st Team All-City,
All-City "Player of The Year"
1st Team All-East Bay,
1st Team All-Bay Area – Utility-SF Examiner
1st Team All-Lesher
Team- DVAL 5-5

Team- BVAL Runner Up team 5-2 / 7-3



Senior Year - Varsity

4th year starter ... Injured in Season

San Francisco Examiner All-Metro Team- Honorable Mention-Utility

Contra Costa Times - 1991 Lesher "Crème of the Crop"



Baseball:

Freshman Year - Varsity

Starter-Outfield

Team - DVAL Championship Team

14-0 League,, 22-5, overall

First CVHS baseball team to go undefeated in League.

NCS- Quarter Finals

Sophomore Year - Varsity

Starting Outfielder

Junior Year - Varsity

Starting Outfielder

1st Team All-DVAL

Batting Average - .378

Team- NCS 1st round

Senior Year - Varsity

Starting Outfielder

1st Team All-DVAL

League record- .585 League Batting Average

CVHS records -40 Stolen Bases and 41 Runs Scored

1st Team Concord All-City Team

1st Team Contra Costa Times -All-Lesher, Team

Team- DVAL Co-Champions 11-3 League record,/ 19-5 overall record

CVHS Athlete of the Year

Professional

Drafted in the 3rd round, and signed with the Detroit Tigers Highest in draft pick in CVHS history Played with AAA Toledo- 1991-2001 Currently a hitting coach with the Texas Rangers



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CONGRATULATIONS CVHS TOP ATHLETES



Clayton Valley High Athletic Hall of Fame 2013 Induction



Sports in addition to being fun, tend to bring out the best in people. They tend to teach physical, mental and character qualities that are helpful and relevant to life, family, and the work world. Athletes experience "pushing the envelope" of physical and mental stamina, meet challenges in character, judgment and sportsmanship, and generally build a foundation that can be very helpful to success as they proceed through life. - Some Quotes that help athletes to succeed include:

"The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand." – Vince Lombardi

"The principle is competing against yourself. It's about self-improvement, about being better than you were before." - Steve Young

"Do not let what you cannot do interfere with what you can do. - John Wooden

"Adversity causes some men to break; others to break records. - William A. Ward

"The difference between a successful person and others is not a lack of strength, not a lack knowledge, but rather a lack of will." - Vince Lombardi

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime." - Babe Ruth

"Other people may not have had high expectations for me... but I had high expectations for myself. – Shannon Miller

"You learn you can do your best even when it's hard, even when you're tired and hurting. It feels good to show some courage. – Joe Namath

"It's not the size of the dog in the fight, but the size of the fight in the dog. - Archie Griffen

"I'm a great believer in luck, and I find the harder I work, the more I have of it." - Thomas Jefferson

"It's a little like wrestling a gorilla. You don't quit when you're tired you quit when the gorilla gets tired".

- Robert Strauss

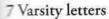
"Gold medals aren't really made of gold. They're made of sweat, determination, and a hard to find alloy called guts." - Dan Gable

"The 1st period is won by the best technician. The 2nd period is won by the kid in the best shape. The 3nd period is won by the kid with the biggest heart." - Dan Gable

CVHS Wrestling Team: League Championships: 1961, 1962, 1963, 1964, 1966, 1967, 1972, 1977, 1978, 1979, 1980, 1981, 1982. North Coast Championships: 1967, 1972, 1977, 1078. State Championship 1977.

CVHS Individual State Champions: 1963- Pete Laurence, 1964- Tom Hook, 1977- Bruce Kopitar, 1977- Brian Strock, 1978- Warren Turnage.

FOOTBALL, BASKETBALL, BASEBALL - 1969



3 Basketball

2 Football

2 Baseball

Basketball

Freshman Year- J.V. CVHS MVP Set Scoring Record

Sophomore Year-Varsity

13-1 League Record Mid-Valley Classic Tournament Champions **DVAL** Co-Champions

Junior Year- Varsity

Honorable Mention All- DVAL

Senior Year-Varsity

CVHS Co- Most Valuable

1st Team All-DVAL

Football

Sophomore Year- J.V. Starting Quarterback

Junior Year- Varsity

Starting Quarterback and Punter

Senior Year- Varsity

Starting Quarterback and Punter



Baseball

Freshman Year -J.V. 12-2 League Record 15-2 Overall Record DVAL Champions

Sophomore Year- J.V. Starting Shortstop 13-1-2 League Record 15-1-2 Overall Record DVAL Champions

Junior Year-Varsity Starting Shortstop .375 Batting Average 1st Team All-DVAL

Senior Year-Varsity Starting Shortstop .393 Batting Average

Fitzpatrick Super Sport of the Week

Clayton Valley Athlete of the Year Mt. Diablo Unified School District Top Senior Scholastic Nominee

Concord Transcript All-Decade Basketball Team Guard-Honorable Mention

Concord Transcript All-Decade Baseball Team Short Stop-Honorable Mention

College Basketball:

Humboldt State 1969 - 1973

4 year starter

All-Far Western Conference [2 years]

Selected team MVP 1973

Second all-time career scorer

Selected to Humboldt State's "All Decade Team" for the 70's

2000 inductee to Humboldt State's Hall of Fame

Career:

Math teacher and coach in the El Dorado Union High School District for 37 years, retired in 2012.

Ponderosa High School- Coached football, basketball and baseball.

Varsity basketball, team set a school record for most wins in 1976 - 1977 season.

Oak Ridge High School- 31 years-Started both the basketball and golf programs. Varsity basketball coach for 11 years.

Never had a losing season at Oak Ridge. 4 League Championships, 8 playoff appearances, one Nor-Cal. Coached Golf for 25 years- 13 league championships, 3 section championships.





MICHELLE BARRIER MCGUIRE CROSS COUNTRY, TRACK - 1985

8 Varsity Letters 4 Cross Country 4 Track

Freshman Year Cross Country DVAL League Champion San Ramon Classic 2nd North Coast Section 6th Big C Award -2 Times CVHS MVP

Track and Field

DVAL Champion 400 meters

Prep Track Leader: 200, 400, 800, 1600

DVAL 400 meter relay 1st place

Big C Award – 3 Times

CVHS MVP

Sophomore Year

Cross Country

DVAL League Champion
San Ramon Classic 1st
North Coast Section 2nd
Hershel Invitational 5th
Big C Award
CVHS MVP

Track and Field

DVAL League Champion 400 meters DVAL 800 meters 2nd DVAL League Champion Mile Relay Big C Award, 3 times Parker Robb Award Area Prep Leader 400, 800 meters North Coast Section-2nd 400 meters North Coast Section -3rd 800 meters

Junior Year
Cross Country
DVAL League Champion
North Coast Section -4th
CVHS MVP

Track and Field

DVAL League Champion 400 meters and 800 meters North Coast Section- 2nd 400 meters, 3rd 800 meters Big C Award 3 Times

Senior Year

Cross Country
DVAL League Champion
San Ramon Classic- 3rd
Hershel Mile Invite- 5th
Meet record- 2 miles
CVHS MVP

Track and Field

DVAL League Champion in 400 meters DVAL 800 meters 2nd DVAL League Champion Mile Relay North Coast Section 2nd 400 meters California State Qualifier 400 meters Area Prep Leader 400 and 800 meters, 6 times CVHS MVP

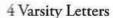
CVHS Athlete of the Year Full-Ride Scholarship to University of Montana

University of Montana

3rd on the Cross Country Team 800 Meter Big Sky Champion Sophomore Year - 2:07 Meet and school record since 1987 4x800 meter relay school record still standing Big Sky 800 meters: 2nd Junior and Senior Year.

Masters Runner
USA 400 Meters 5th place
Iron Girl 5k 4th overall
Ballard Turkey Trot 3rd overall
Snoqualmie Railroad Race 3rd
overall
Seattle Rock and Roll Half Marathon -1 hr 31 minutes
Area Leader 400 meters.





3 Baseball,

1 Basketball

Football:

Freshman Year - Frosh

2 - way starter -Tight End/ Linebacker

Broke Frosh Reception record

Team- DVAL Runner-up

Basketball:

Freshman Year - Frosh

Led team in scoring and rebounds,

Set CV school Frosh season scoring record -265 points

CVHS MVP

Sophomore Year - JV

Led team in scoring and rebounds

-Set school JV and DVAL season scoring record – 360

points

Set school record for JV points per game- 32 vs. Antioch

CVHS MVP

Promoted to Varsity for Acker Tournament

Junior Year - Varsity

Scored game high 32 points against Ygnacio Valley

2nd in team rebounding

3rd in team scoring

Senior Year - Varsity

During basketball season pitched in a top rated

Penninsula Winter League with professional and college

players

Baseball:

Freshman Year - JV

Starting pitcher

DVAL Championship Team 13-1-2 / 15-1-2

Sophomore Year - Varsity

Led DVAL, with 6-0 W/L record, best in DVAL

70 strikeouts, 2nd in DVAL, 1.12 ERA

Pitched 1-0 1 hitter vs. Pleasant Hill with 17 strike outs

and tied DVAL record

Junior Year - Varsity

Sidelined with broken

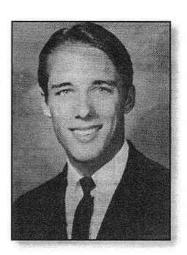
ankle

Returns with 2-2 W/L

record

38 Strike outs in 34

innings, 2.90 ERA,



Beats DVAL Champion Antioch in the last game of season.

Senior Year - Varsity

Led DVAL with 7-1 record

127 strikeouts in 62.3innnings,

27 BBs, 21 hits, 0.00 ERA,

Had .098 OBP, 4 one-hitters and 4 shutouts.

DVAL records:

Pitched 7 League Wins

ERA 0.00- Record still stands

Strikeouts 127.- Record still stands

School Records:,

140 strike outs overall in 70 innings. –Record still

stands

0.19 ERA overall-Record still stands- Top 20 in State

history

19 strikeouts in a game

248 career strike-outs

1.10 career ERA

Completed 16 of 17 games started

Career W/L 15-3

CVHS MVP

All-DVAL 1st Team,

All-East Bay 1st Team,

Fitzpatrick Super Sport of the Year "Player of the Year"

Nominated for California North - South Game

Defeated the 1969 and 1970 DVAL Champion

Antioch 3 of 3 games.

Beat Antioch twice with 19 strike-outs in 9 innings in last

game of the season.

Drafted and signed by San Diego Padres in the 12th

Considered by Local Scouts, Veteran Sportswriter Charlie Zeno and Former CV Head Coach Tom DiMercurio as

the "Best Pitcher in the History of Contra Costa County"



ELANIE TURNER BASKETBALL, VOLLEYBALL - 1998

4 Varsity Letters 3 Basketball. 1 Volleyball

Volleyball: Freshman Year - JV

Sophomore Year - Varsity Most Improved Player

Basketball:

Freshman Year - JV
CVHS MVP
Team -1st BVAL Champions
NCS Scholar Athlete all 4 years

Sophomore Year ~ Varsity
CVHS MVP
1st Team All-BVAL
1st Team Carondelet Tournament
Contra Costa Times Athlete of the Week
1st Team Concord Transcript All-City Team
Team- Advanced to 3rd round NCS- Div. II semi-finals

Junior Year-Varsity
CVHS MVP
1st Team Healdsburg Tournament
1st Team All-League
Contra Costa Times Athlete of the Week
Concord Transcript – Concord Player of the Year

Senior Year - Varsity
CVHS MVP and Captain
Averaged 17.5 points per game
MVP Healdsburg Tournament
1st Team All-BVAL
MVP BVAL
Contra Costa Times Athlete of the Week
1st Team Contra Costa Times

Concord Transcript-Concord Player of the Year All-Bay Area 2nd Team (Bay Area News Group)

Team - BVAL Champions
NCS Champions
Nor-Cal Play-offs -1st Round
CVHS Athlete of the YearRecord for longest shot made at CVHS (From approximately the free throw line to the opposite end) in the league championship game.
Selected for the Athletics and Academics All-Star game and was the All-Star MVP
Won the 3 point shooting contest and was named to the All-Academic Team.
Contra Costa Times Top 100 Athletes
Received a 4-year Full Ride Scholarship to University of San Francisco, Division I

University of San Francisco

West Coast Conference Player of the Week in February 1999. Team Captain - Jr. Year Member of Student Athlete Advisory Board - 3 years Team- National Invitational in 2002

Amateur / Professional

Played professionally in the Netherlands during the 2002 - 2003 season

Played in the SF Professional Amateur [Pro Am] League for several years during and after college. Also played on the Pro Am All-Star Team. Traveled around the West Coast to play different college teams for pre-season exhibitions.

Melanie currently lives in Clayton and is a police officer for the City of Berkeley.

Sam Williams FOOTBALL, VOLLEYBALL - 1998

- **4** Varsity Letters
- 2 Football
- 2 Volleyball

Volleyball:

Junior Year - Varsity
CVHS Most Improved Player
2nd Team All-BVAL

Senior Year- Varsity
1st Team All-BVAL
Invited to play on Junior Olympic Team

Football:

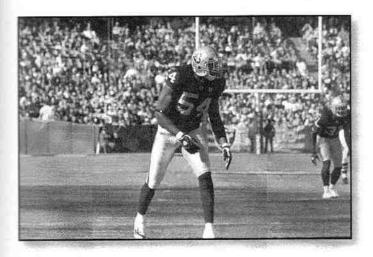
Freshman Year - Frosh Team

Sophomore Year - JV Team

Junior Year - Varsity Starting Linebacker

Senior Year - Varsity
CVHS Mr. Defense
1st Team All-BVAL
1st Team All-Bay Area
Contra Costa Times All-Times 1st Team
San Francisco Chronicle Metro All-Star Team
Super Prep All Far West Region
Second Team All-State -Cal High Sports
Contra Costa Times Cream of the Crop

Defensive Stats:
138 Total Tackles, 95 Solo Tackles, 43 Assists
10 Blocked Passes, 2 Blocked Kicks,
Interceptions (two returned for touchdowns in one game)
- school record



5 Quarterback Sacks 8 Super Tackles (saved touchdowns)

Team BVAL Record 9-3 2nd NCS Semi-Finals
Clayton Valley High
School Athlete of the Year
Football Scholarship to Fresno State

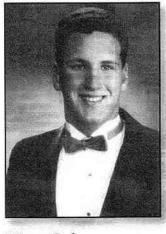


2001 Honorable Mention All-WAC,2002 Team Captain2002 Honorable Mention All-WAC2002 Gridiron Classic All-Star game

Professional Football:

Oakland Raiders—86th pick of the 3rd round in the 2003 draft
2004 Ed Block Courage Award Recipient
2009 Special Teams Captain
2009 Special Team Player of the Year
2009 Walter Payton Man of the Year Nominee
2010 Byron "Whizzer" White Award Nominee
2010 James Brown Award Recipient

Athlete, entrepreneur, motivational speaker, and founder of the non-profit organization, Tackling the Odds, Sam Williams continues to leave a positive and lasting impact in the community and business arenas. After being drafted to the Oakland Raiders in the 2003 NFL Draft, Sam earned recognition from his teammates and coaches for his adaptive, hardworking, and team oriented methodology. Throughout his career with the Oakland Raiders, he demonstrated great skill and perseverance when facing challenges on and off the field. Sam retired from the NFL after eight years wearing the Silver & Black. Currently pursuing his passion for entrepreneurship and the community, he stays involved with his company, Drinkwear Clothing, and his non-profit, Tackling the Odds.



3 Water Polo

7 Varsity Letters 4 Swimming

Water Polo Sophomore Year - Varsity Most Inspirational

Junior Year - Varisty Top Defensive Player & Team MVP 1st Team All BVAL 1st Team All-Nor-Cal

Senior year - Varsity Team MVP and Captain Team leader in goals, assists, steals Set team record in assists & kick outs 1st Team All-BVAL 1st Team All-North Coast

Swimming

Freshmen Year - Varsity BVAL Swim Meet - 2 time finalist NCS -Consolation finalist 100 Butterfly IV Soccer Underclassman/Student of the Year - Freshman Class

Sophomore Year - Varsity **BVAL Champions** 3rd 100 Fly, 3rd - 200 IM NCS Champions Underclassman/Student of the Year - Sophomore Class

Junior Year - Varsity NCS-3rd-100 Flv 3 time All American Underclassman/Student of the Year - Junior Class Senior Year - Varsity Team Captain

BVAL League Champ in 50 Free, 100 Fly & 400 Free Relay North Coast Champion - 100 Fly

2nd - 200 IM

1st Place 200 Medley Relay, 1st Place 400 Free Relay

5 time 1st Team All-American

2nd fastest 100 Fly time in Country for High School

(Public and Private)

Contra Costa Times Athlete of the Week (6/5/92)

Tribune Prep Scholar Athlete

USS Scholastic All American 1992

CVHS Athlete of the Year

Reebok/CIF Scholar Athlete of the Year Nominee

Collegiate Summary

University of the Pacific (92-96)

8 time varsity letterman in Swimming & Water Polo

3 year starter on Water Polo team

Member of 4 water polo teams that were ranked in the top

of the NCAA (#4 in 93)

Member of 1st ever NCAA tourney qualifying team for

UOP - 93

100 Fly Big West Champion - 95

100 Fly UOP Record Holder (since broken)

400 Free Relay Big West Champ - 93, 94, 95

Big West 400 Free Relay Record Holder (since broken)

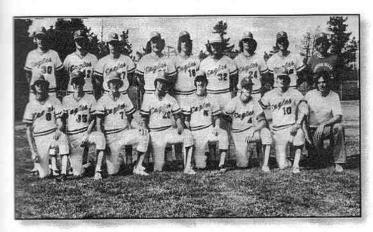
800 Free Relay Big West Champ - 94, 95

200 Free Relay Big West Champ - 93

Big West Scholar Athlete Award - 95

UOP Scholar Athlete - 96

THE1977 BASEBALL TEAM





TOP ROW: L TO R: Randy Cohn, Dennis Qunlin, Bob Jordan, Sean Lyons, Dave Maxwell, Mitch Buich, Randy Brown, Greg Valladeo, Mr. DiMercurio. BOTTOM ROW: L TO R: Tim Bruno, Kevin McKean, Matt Enemark, Paul Dudley, Cory Whittaker, Chris Vick, Gene Wall, Vince Promessi.

The 1977 Eagles baseball team was one of the great teams to come out of Clayton Valley High. They were the Diablo Valley Athletic League Champions and the North Coast Section Inland Valley Division Champions and were ranked #2 in the East Bay. This was the first baseball league championship in sixteen years for Clayton Valley.

The "Space Eagles" led by coach Tom DiMercurio had a 20-7 overall record and a team batting average of .311 which set a school record. Great hitters, Tim Bruno, Gene Wall, Mitch Buich, Sean Lyons, Chris Vick and Dave Maxwell highlighted the line-up and held the school records for many years.

An excellent defense was led by standouts, Cory Whittaker, Matt Enemark, Bob Jordan, Randy Brown and Mitch Buich. Dennis Quinlan was the ace of the pitching staff at 10-3. Rich Villadao was 4-0 and came on strong in the playoffs and at North Coast Sectionals. Team Captain, Gene Wall was 4-4 and closer Kevin McKean saved 5 games and also did a great job as the 3rd base coach.

The Eagles beat De La Salle 14-13 and Alhambra 12-10 after trailing in both games to win the NCS Inland Valley Division Championship. At the 10th annual Fitzpatrick Super Sports Banquet Mitch Buich was named baseball Athlete of the Year and Tom DiMercurio was Coach of the Year.

Congratulations to the "Space Eagles" on their induction into the Clayton Valley Hall of Fame!

THE 1998 BASKETBALL TEAM



The 1998 Girls Basketball Team is very proud to enter the Clayton Valley Hall of Fame.

It was never about one person but totally about TEAM. This group of young ladies was very dedicated to achieving success. Their achievements did not happen by accident. The journey began in the Spring of 1997, continued through the summer and started to be fine tuned in the Fall.

There were the countless hours in the weight room, plyometrics, sprints, summer leagues and camps mixed with lots of sweat and some tears. After tryouts and forming the team, we went on a retreat to the Santa Cruz mountains. This gave the girls time to interact, relax and have fun, without the grind of workouts and practice.

During this time we developed a slogan that prefaced the season, "If It's To Be, It's Up To Me" Additionally, we gravitated to a song by Whitney Houston that would be our theme song, "Give Me One Moment In Time"

The staple of this team, besides their cohesiveness, was their defense, bringing extreme pressure to the opponent and never giving up. Every player thrived on their ability to dominate teams. Yes, we lost a few games but always came back. Nothing exemplifies the character of these ladies more than the play-off game against Amador. We had played during the pre-season and lost by 16. In the NCS semi-final game, the grit of this team came to the fore and we won by 14.

Surviving a grueling schedule, where every pre-season opponent made the play-offs as did six league opponents, a demanding coaching staff, holding each and every one accountable, expecting excellence in the classroom and to maintain good citizenship, they persevered and are still the only Clayton Valley basketball team, girls or boys to win a North Coast Section Championship!

The team was composed of 3 seniors Chrystie Clemena, Katy Nolting and Melanie Turner, junior Sydney Gatson and 5 sophomores Aubree Dahl, Jacey Lauer, Natalie Nelson, Brezya Rhodes and Katie Webber

League Record- 16-1, Overall- 26-4

BVAL Championship game - Clayton Valley -54, Northgate -48

NCS First round-game-Clayton Valley -65- Montgomery-55

NCS Semi-Final game-Clayton Valley - 69- Amador -55

NCS Division II Championship game- Clayton Valley – 55-Ukiah -44

Coaches: Al Ossello, Charlie Stellini, John Lauer

Head coach Al Ossello came to Clayton Valley in 1995 after a long and successful career in area schools. Al coached girls basketball at Carondelet and Campolindo High Schools and also coached football at De La Salle. Al's Campolindo team won the State Championship in 1990 and Al was named the Contra Costa Times Girls Basketball Coach of the Year. He was to win that award two more times while coaching at Clayton Valley, in 1996 and 1998. Al led the Eagles to the NCS semi-finals in 1996 and to the NCS Championship in 1998. He had a wealth of knowledge, experience and

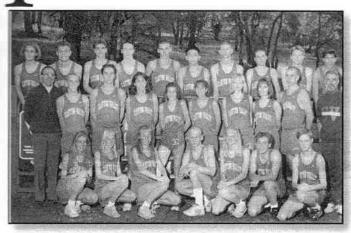
confidence. He and his able assistants were able to tap the talented team's competitive spirit and bring the athletes to their top performance level.

Clayton Valley thanks Al, his coaches and his team for their dedication to the Eagle athletic program. Congratulations on your induction into the Clayton Valley Hall of Fame.



FRONT ROW: L TO R: Katy Nolting, Chrystie Clemena, 2ND ROW: John Lauer, Mel Turner, Al Ossello, Christina Stellini, Chalie Stellini, 3RD ROW: Aubree Dahl, Jacey Lauer, Natalie Nelson, BACK ROW: Katie Webber, Sydney Gatson, Brezya Rhodes

HE 1994 BOYS CROSS COUNTRY TEAM



1994 Varsity & IV Teams



Boys Team BACK ROW: L TO R: Tony Munch, Mike Wojeiechowski, Jimmy Freeman, Chris Clausen Geoff Brigham, Luke Leininger, Jusin Carter

The 1994 Boys Cross Country team dominated the BVAL and were undefeated league champions . They continued their success as they went on to place second in the North Coast Section Division III Meet of Champions. They qualified for the State Meet and ran a great race, placing 5th . Their times at State were: Mike Wojciechowski- 15:88, Goeff Brigham-1619, Justin Carter-l6:55, Chris Clausen-17:16, Luke Leininger-17:24, Tony Munch-1746, Jimmy Freeman-18:30.

The Mount San Antonio College Invitational (Mt. Sac) is the largest California invitational with 370 teams and 7,500 competitors. The Eagles won the championship with Mike Wojciechowski taking first place with a time of 16:17. Goeff Brigham, Justin Carter and Chris Clausen all placed in the top ten.

Mike Wojciechowski, Goeff Brigham, Luke Leininger, Chris Clausen, Tony Munch and Justin Carter were all named to the Mountain Bay Athletic League All- League Cross Country team.

The young men on this team were mentally and physically prepared for the challenges they faced through their excellent training program. Outstanding head coach, Ron Silveira had the formula for success. Ron and assistant coach John Millar brought the talented athletes to peak performance.

Congratulations to the team for your outstanding efforts and welcome to the Clayton Valley Hall of Fame!

Coach Ron Silveira coached Cross Country at CVHS from 1992 to 1995. His amazing record is testimony to his expertise, intensity, and dedication. Ron was able to inspire his athletes to unmatched heights. His record includes the following:

Boys- Undefeated League Championships-1993, 1994, 1995, Girls- Undefeated League Championships- 1993, 1994, 1995

NCS, Championship-2nd 1994

State Championship- 5th 1994

Mt. Sac Championship-1st 1994

NCS Championships- 1993, 1994, 1995

State Championship- 1993-2nd, 1994-1st, 1995- 2nd

Stanford Invitational Championship-1st, 1994, 1995

Mt Sac Invitational Championship-1st, 1994, 1995

Vulcan Classic (National Meet) 2nd- 1995

Coach Silveira was named Girls Cross Country Coach of the Year by the California Coaches Association in 1995. Clayton Valley thanks Coach Silveira for his great contribution to our athletic program and welcomes him with his teams to the Hall of Fame.

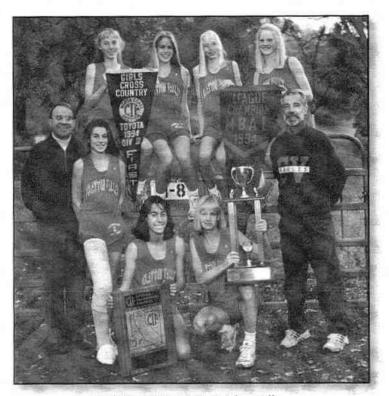
THE 1994 GIRLS CROSS COUNTRY TEAM

In the fifty-five year history of Clayton Valley High School, there are two teams that have reached the pinnacle in CIF competition. Our wrestling team won the State Championship in 1977. Tonight our girls 1994 State Champion Cross Country Team joins the wrestlers in the Eagles Hall of Fame.

The outstanding athletic ability of each member of this team was enhanced by their self-motivation, endurance and perseverance. The girls met the challenges of the training demands and goals set by their coaches Ron Silviera and John Millar. The team went on to become;
MBAL undefeated League Champions
NCS Meet of Champions- Division III Champions
CIF-Division III State Champions
Stanford Invitational Champions
Mount San Antonio Invitational Sweepstakes Champions
North Coast Section Academic Champions – 1994 Fall
Sports – Combined average GPA- 3.953!

CIF-Division III Champions

At the State Meet the girls ran the fastest combined team time of all Section and Division Champions. Their times were: Heather Wallace- 18:33, Deborah Osteen-18:55, Kelly Howisey-19:18, Louise Indrisie-19:41, Jennifer Osteen-20:25. The combined time of 1:36:42 was 15 seconds faster than



FRONT ROW: L TO R: John Miller,
Marcella Villalobos, Kelly Howisey,
Louise Indrisie, Ron Silveira
BACK ROW: L TO R: Jennifer Osteen,
Heather Wallace, Deborah Osteen, Sarah Frieberg

the Division I champion (the top five runners times are used). The remaining two runners are vital for team scoring- Sarah Frieberg-20:43, Marcella Villalobos was injured during the race and did not finish.

Stanford Invitational Champions

This invitational is the second largest in California. There were 240 runners in the Division III race. The Eagles placed five runners in the first 20 finishers to win the team competition. Clayton Valley scored 60, St. Ignatius, 164, West Hills (Los Angeles) 170, Corona Del Mar (Los Angeles) 178

Mount San Antonio College Invitational Division III Sweepstakes Champions

This meet is the largest Invitational in California with 370 teams and 7500 competitors. Elite teams must be invited to compete in the Sweepstakes. The Eagles scored 63. A Los Angeles newspaper reported, "Clayton Valley had a blistering team time of 95 minutes and 13 seconds to easily win the 19 team race, Temescal Canyon (103) was a distant second." In the college divisions of this meet the men's and women's scores are combined to determine the winner If they had done that with the high school division, Clayton Valley would still have won with three of our boys in the top ten including Mike Wojciechowski with a first place time of 16:17.

A post season honor for our State Champions-

A City of Clayton Proclamation declared May, 17 1995-: "Clayton Valley High School Girls Cross Country Day"

Clayton Valley is proud to add one more honor to this amazing team and welcome you to the Clayton Valley Hall of Fame. Congratulations!

ACKNOWLEDGEMENTS

The Hall of Fame Committee is very grateful for the following:

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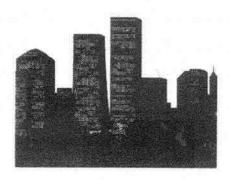
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- 2. BOLD, HAND-CRAFTED COCKTAILS.
- 3. FARM TO FORK.....UGH!
- 4. ANYTHING THAT ENDS IN FUSION.
- 5. WE USE ONLY THE FINEST, FRESHEST, LOCALLY SOURCED INGREDIENTS......ENOUGH.
- 6. WHAT IS SUSTAINABLE?.....EXACTLY.
- 7. GOURMET.....WHICH REPLACED HAUTE'
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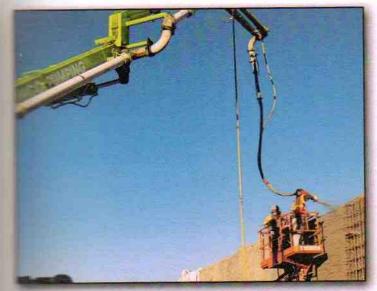
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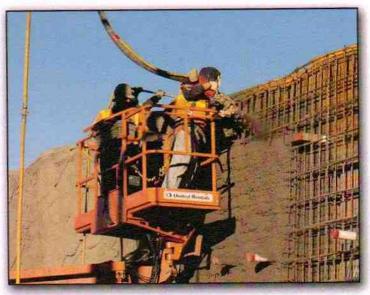
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